

NEW ARRIVALS IN CATALOGUE NO. 30
DEFINITELY WORTH KNOWING

PERFUMES

UTIQUE SEXY CASHMERE

How can this fragrance be described?

Sexy Cashmere is an explosion of desire and unstoppable passion. A composition full of contradictions brings to mind the different nature of a man and a woman who unexpectedly complement each other, creating a synergic unity. Sexy Cashmere ignites the imagination, bringing out the deepest hidden desires.

What notes can be found in Sexy Cashmere perfumes?

UTIQUE Sexy Cashmere perfumes with a 20% perfume content have the following aromatic notes: head - plum, heart - iris, violet, ylang-ylang, cedar wood, patchouli. The base is made of sandalwood, benzoic resin, vanilla and musk.

How does the fragrance develop on the skin?

The fragrance composition of perfume in the first moments stuns you with strong and hypnotic chords, slowly passing into soft and warm notes, wrapping the body like a cashmere scarf. Its complexity will keep you rediscovering it all the time.

What bottle sizes are available?

The perfumes are available in 100 ml and 15 ml bottles.

Are the perfumes unisex?

Yes, like all the UTIQUE line perfumes, these perfumes are designed for both women and men.



PERFUMES

PURE ROYAL LIMITED EDITION BY JOANNA PRZETAKIEWICZ

Who is Joanna Przetakiewicz?

Joanna Przetakiewicz is a businesswoman appreciated for her extraordinary style and class. Legal counsellor by education, fashion designer by passion. From 2014-2015 she was one of the jury members in the Polish edition of the Project Runway TV show. Above all, however, she is the originator of the idea, founder and creative director of La Mania fashion house, under the Honorary Patronage of Karl Lagerfeld himself. She is not only an independent and entrepreneurial successful woman, but also a penetrating observer of contemporary reality. She initiated the Era of the New Women - women who are proud of who they are; women who are self-confident, who being aware of their advantages and disadvantages, look at each other with a kind eye; happy women. Within the framework of the project, she organises meetings during which women can speak of their imperfections, doubts and problems without the fear that they will be judged. The initiative has received so much recognition, that the New Women's Era has recently been joined by the leaders who lead the meetings on behalf of Joanna throughout the country.



Why the initiative to cooperate with Joanna?

FM WORLD female leaders are undeniably the Women of the New Era, independent, powerful living life to the absolute fullest. On top of that they are courageous, not afraid to take risks and step out of their comfort zone. Their daily work, just like the social activities that Joanna runs, attract the community that our heroines want to inspire, motivate to act and support in achieving the objectives. Our cooperation was born particularly from this analogy and admiration for Joanna's project. We suggested doing something completely unique only for the female part of the FM WORLD and, fortunately, we didn't have to wait too long for her answer. That's how it all started...

What did the process of creating the perfumes look like?

It all started with an idea. We wanted to create a multi-layer fragrance that each woman could give it its own, unique character. The first, and as it turned out to be the best, association fell on the capital of fashion and the city of lovers. Paris. It has inspired painters, poets and composers for centuries. It is like an endless festival of freedom, fragrance and love. It makes woman feel both sacred and liberated. With its sensuality, it intimidates and adds confidence at the same time. When choosing the fragrance notes of PURE ROYAL perfume together with Joanna, we took all these contradictions into account. Hence, some are light and full of charming sweetness (bergamot, raspberry and vanilla), while others, like musk and ambergris, intrigue with deep chords of predation. After a year of work, testing and bringing the fragrance to perfection, we achieved our goal - perverse and intriguing. The spirit of the PURE ROYAL limited edition by Joanna Przetakiewicz takes you to a city that makes you want to live; a city in which a woman discovers her new, previously unknown, extraordinary face.



PERFUMES

PURE ROYAL

What new fragrances have joined the PURE ROYAL perfume family?

The all new PURE ROYAL fragrances are listed in the table below:

FOR HER

PURE ROYAL 817

TYPE:

joyful, subtle, full of shine

FRAGRANCE NOTES:

Head notes: raspberry, lemon
Heart notes: rose, neroli
Base notes: musk, vanilla, patchouli

PURE ROYAL 818

TYPE:

joyful, fresh, tempting

FRAGRANCE NOTES:

Head notes: red berries, tangerine, lemon, pear
Heart notes: gardenia, jasmine, lily of the valley, neroli
Base notes: vanilla, patchouli, musk, benzoin resin

PURE ROYAL 819

TYPE:

sophisticated, modern, elegant

FRAGRANCE NOTES:

Head notes: red pepper, bergamot, plum blossom
Heart notes: Turkish rose, wild jasmine, patchouli
Base notes: leather, ambergris, oakmoss, sandalwood, tonka bean, vanilla

PURE ROYAL 820

TYPE:

sensual, provocative, magnetic

FRAGRANCE NOTES:

Head notes: orange blossom, peach
Heart notes: ylang-ylang, rose
Base notes: sandalwood, ambergris, vanilla, musk

FOR HIM

PURE ROYAL 821

TYPE:

energising, charismatic, seductive

FRAGRANCE NOTES:

Head notes: grapefruit, plum, driftwood
Heart notes: hazelnut, cedar, white honey
Base notes: patchouli, moss, dry wood

PURE ROYAL 822

TYPE:

audacious, multi-dimensional, addictive

FRAGRANCE NOTES:

Head notes: tangerine, incense, pepper
Heart notes: water notes, lavender, plum
Base notes: cedarwood, sandalwood, vetiver, amber

PURE ROYAL 823

TYPE:

decadent, luxurious, controversial

FRAGRANCE NOTES:

Head notes: wild lavender, clary sage
Heart notes: vanilla blossom, iris, almond
Base notes: cashmere musk, tonka bean, leather, ambergris

PURE ROYAL 824

TYPE:

fresh, free, transparent

FRAGRANCE NOTES:

Head notes: lime zest, green tangerine
Heart notes: grapefruit blossom, candied ginger, yellow tangerine
Base notes: vetiver, white musk, amberwood



PERFUMES

PURE

What new fragrances have joined the PURE perfume family?

The all new PURE fragrances are listed in the table below:

FOR HER

PURE 444

TYPE:

tempting, surprising, warm

FRAGRANCE NOTES:

Head notes: bergamot, pear, sweet orange

Heart notes: rose, iris, violet, ylang-ylang

Base notes: vanilla, musk, patchouli, coffee

PURE 446

TYPE:

rebellious, sensuous

FRAGRANCE NOTES:

Head notes: bergamot, apple, hyacinth, petitgrain

Heart notes: orange blossom, jasmine, tuberose, rose

Base notes: cedarwood, vanilla, musk, cashmere wood, dry amber, heliotrope

PURE 445

TYPE:

joyful, vibrating, juicy

FRAGRANCE NOTES:

Head notes: tangerine, bergamot, nectarine

Heart notes: rose, jasmine, honeysuckle, water lily

Base notes: amaranth wood, blackberry, musk

FOR HIM

PURE 478

TYPE:

invigorating, passionate, modern

FRAGRANCE NOTES:

Head notes: grapefruit, yuzu, orange, green apple

Heart notes: geranium, ginger, watermelon, cinnamon, cloves

Base notes: cedarwood, sandalwood, vetiver, amber

PURE 479

TYPE:

fresh, sassy, sophisticated

FRAGRANCE NOTES:

Head notes: Sicilian bergamot, Italian lemon

Heart notes: violet leaves, geranium, wild jasmine

Base notes: white musk, oakmoss, cedarwood

PURE 480

TYPE:

curious, harmonious, mysterious

FRAGRANCE NOTES:

Head notes: lemon, bergamot, neroli

Heart notes: geranium, hyacinth, lavender, clary sage, marigold

Base notes: cedarwood, tonka bean, ambergris, oakmoss, musk



PHEROMONE

What new fragrances have joined the PHEROMONE perfume family?

Three female fragrances: 01, 34, 431 and one male fragrance number 135 have been added to the PHEROMONE perfume family.

BEAUTY CARE PRODUCTS

SHAVING FOAM

How does it work?

The creamy textured shaving foam effectively softens hard beards for an accurate and comfortable shave. It helps soothe redness and irritation caused by shaving, leaving the skin in excellent condition. It also improves the skin's hydration, makes it velvety-smooth and pleasantly refreshed thanks to the formula enriched with mint extract.

What does it smell like?

The foam has a refreshing smell of PURE 134 perfumes.

How do I use it?

Apply a small amount of the foam onto the palm of your hand and then spread on a previously moistened face.



SOFTENING FOOT SCRUB

How does it work?

Softening foot scrub based on exfoliating, natural apricot kernels, walnut shells and almond tree shells effectively removes the keratinized epidermis. Thanks to the content of allantoin and glycerine, it visibly smoothens and softens rough and dry foot skin. Wild water mint extract refreshes and relaxes, soothing the feet, while Shea butter and vitamin E with moisturizing properties, ensure its healthy look.

How to use it?

Massage into damp foot skin 1-2 times a week. Always use before a pedicure. Do not use in the case of open or unhealed wounds.



BEAUTY CARE PRODUCTS

REFRESHING ANTIPERSPIRANT FOOT SPRAY

How does it work?

Our Refreshing antiperspirant foot spray reduces perspiration and protects against unpleasant odour. Thanks to the lemon grass oil content, it provides a long-lasting feeling of freshness. In addition, it is beneficial for the care of the feet that are exposed to bacteria and fungi. Intended for daily use. It does not contain alcohol or zoonotic ingredients.

How do I use it?

Shake the container and then spray it on clean and dry foot skin. Wait a moment until it dries completely.



ULTRA MOISTURIZING FOOT CREAM

How does it work?

Ultra moisturizing foot cream with high urea content has softening, moisturizing and smoothing properties. Systematically applied, it reduces thickened epidermis. European olive and macadamia oils and beeswax perfectly nourish foot skin, while Shea butter and lactic acid additionally restore its softness and elasticity.



BEAUTY CARE PRODUCTS

What skin is it suitable for?

It is designed for very dry skin and rough heels with a tendency to crack.

What is urea?

Urea is one of the main components of the NMF [natural moisturizing factor] - a natural moisturizer in the skin and an excellent humectant, which is a water-binding substance, whose content in the body decreases with age. It has a very positive effect on the skin: it absorbs moisture, strongly moisturizes and improves its condition by strengthening the protective barrier.

How does urea contribute to the softness and smoothness of the skin?

High, 10% concentration of urea in the Intensively moisturizing foot cream has a keratolytic effect, which means that it helps exfoliate the stratum corneum, softening and smoothing it, and increases its permeability, which facilitates the absorption of other active substances contained in the cosmetic.

How do I use it?

Rub a small amount of the cream into the skin of your feet until completely absorbed. Use systematically in the morning and evening.

PERFUMED SHOWER GELS AND PERFUMED BODY BALMS

What has changed in perfumed body balms and shower gels?

Our cult body care cosmetics have joined the PURE family. They are now available in completely new versions. All of them have gained up to 100 ml more in size and more handy packaging in a new, minimalist design. The famous and popular PURE perfume chords provide you with an intense fragrance experience and make your daily shower an aromatic feast for the senses.



FEDERICO MAHORA MAKEUP



COLOUR OF THE YEAR

What does Pantone Institute do?

Pantone Inc. is the world leader in the scope of colours, investigating their systematics, it classifies them and supports companies in the use of colours in marketing and visual identification. The Pantone Institute has been choosing the colour of the year for 20 years, guided by the "spirit of the epoch". On the one hand, it is based on current trends, while on the other, it creates them, as the winning shade dominates for the next 12 months in architecture, design, fashion and makeup.

What colour was this year's winner?

The colour name is Living Coral, which, in the opinion of the Pantone Institute is energetic, sociable, encouraging carefree activity, embodying our innate need for optimism. This extremely soft colour, yet vibrant with energy inspires optimism and the drive to live.

How is it used it in makeup?

The colour, which is an original mixture of pink, orange and red, will look excellent when patched with one of these colours. But not only that. Living Coral brings to mind the underwater world of coral reefs, pulsating with colours, that's why doing your makeup, you can be inspired by exotic nature. Let your imagination run wild and combine it with blue, turquoise or emerald green. And if you like more subdued colours like browns and beiges, a sunny coral will perfectly enliven them, adding dynamics to your makeup.

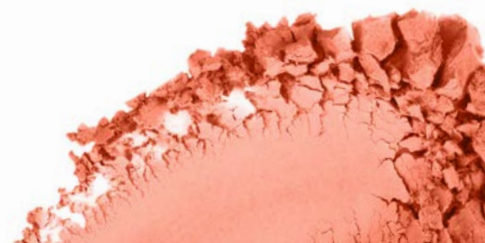
Which FM WORLD products come in this colour?

The shade of sunny coral is best reflected in MIX & MATCH *Peach Passion* Shade, MIX & MATCH *Cocktail Peach* Blush and Color Intense *Sweet Coral* Lipstick.

2019 TRENDS

What other trends are there apart from Living Coral?

In the spring-summer 2019 season, a radiant complexion with a glow effect and a fresh look with healthy, velvety and impeccable skin. This natural look can be boldly contrasted with a vivid, graphic line, highlighted, spectacular eyelashes and red lips. Shades such as beige and fleshy roses will be very popular. Not only do they fit almost all creations and beautifully emphasize most skin complexions, they also add class and elegance to your look.



FEDERICO MAHORA MAKEUP

GLOWING DROPS 3D LIQUID HIGHLIGHTER

How does it work?

GLOWING DROPS 3D LIQUID HIGHLIGHTER illuminates the skin immediately and adds shine to it. Thanks to its reflective components, it gives the skin a phenomenally fresh and radiant look. It provides the effect of optical rejuvenation and reduces the signs of fatigue. Ideal for strobing technique makeup. It has a silky, liquid formula for easy and pleasant application and a pipette for convenient dosage. It spreads evenly, leaves no streaks and is not heavy on the skin.

Do any of the highlighter components have a skin caring effect?

Yes, the cosmetic formula contains wheat germ oil, which has the highest from all the oils content of vitamin E, called vitamin of the youth, and betaine. It is a highly purified substance naturally occurring in plants. Thanks to the use of the latest technologies, it is used in cosmetics as a substance that strongly moisturizes the skin and regulates the cells' water balance. Thanks to its unique structure, it effectively strengthens the skin's lipid barrier, preventing excessive water loss from the epidermis. It perfectly protects against dehydration and irritation.

How do I apply it?

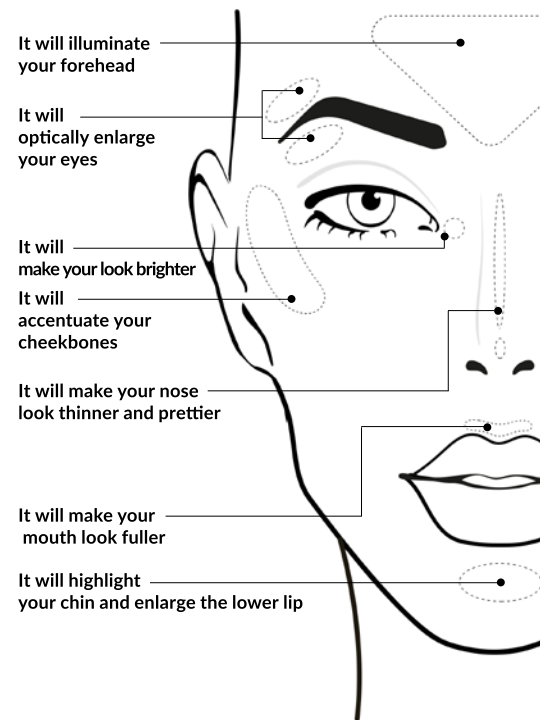
You can do this in one of three ways: 1. under your foundation, after applying day cream and a makeup base, 2. apply where needed on the foundation for a strobing effect, or 3. by adding a drop to your favourite foundation and mixing it on top of your hand immediately before application.

What is strobing?

Strobing is a term that stems from photography, which describes how to take pictures with a sharp light or flash. In the art of makeup, it consists in modelling the face with the use of a highlighter. This type of makeup is also referred to as glow, which is one of the leading trends of 2019.

How do I achieve strobing makeup look?

In order to obtain the desired visual effects, the highlighter should be applied according to the scheme



FEDERICO MAHORA MAKEUP

BLUR EFFECT LIFTING FOUNDATION

How does it work?

BLUR EFFECT lifting foundation has excellent coverage and evens the skin tone, making it look impeccable and very natural. Thanks to ingredients with specific optical properties, it creates a blur effect, masking skin imperfections. Contains glucan biopolymer for immediate visual lifting effect and polymer-silica powder to reduce skin shine. Thanks to its smooth, light texture, it does not build-up in the skin folds, providing a youthful look without the mask effect. Ideal for mature skin.

What is a blur effect?

The blur effect, also called the soft focus or soft finish effect and is well-known in photography. It smoothens out any sharp contours and blurs the image so that the model's face looks impeccable and perfectly smooth. In cosmetics, it causes a confusingly similar effects. Thanks to ingredients with specific optical properties, it creates a layer on the surface of the skin, which evenly reflects and diffuses light, masking the imperfections of the skin.

What foundation shades are available?

You can choose from: the lightest *LIGHT NUDE*, the medium *CLASSIC BEIGE* and the darkest *SATIN SAND*.



LIGHT NUDE CLASSIC BEIGE SATIN SAND

How do I apply it?

Shake well before use and then spread evenly on the face.



Are the new facial makeup products suitable for vegetarians?

Both the GLOWING DROPS 3D LIQUID HIGHLIGHTER and the BLUR EFFECT LIFTING FOUNDATION contain no animal-related ingredients, which means they can be used by vegetarians without any concern.

FEDERICO MAHORA MAKEUP

TIPS AND TRICKS IN MAKEUP

Why did the makeup look change so radically?

Knowing how to use makeup products is essential to get the best possible result. We have decided to provide you with this knowledge in our catalogue. In place of the longer descriptions, there are now graphical and textual tips and makeup tricks. The most important information, such as, for example, which skin type the cosmetic is intended for and what its main features are or how it works on your skin, can be now found in separate frames. In addition, we have created special icons, thanks to which you can easily find those products that are in line with the latest trends on the catalogue pages. We hope that you will find it helpful and it will make both, working and playing with FM WORLD coloured cosmetics easier.

In what order should the makeup products should be applied?

In order to guarantee the effect of a perfect complexion, start with a makeup base which prolongs its lastingness. Then apply a foundation to even out the skin tone and take proper care of the skin. Then it is worth masking any imperfections. Use a concealer to fix the makeup and give it a matte powder finish. You can then model your skin. Shape the face with a contouring set and add a youthful glow to the skin using our highlighter.

How to apply a MIX & MATCH set?

Firstly, choose the perfect colour set, tailored to your needs from the four available in our offer. Then combine any cosmetics - eyeshadows, blushes, highlighters and/or powders - and place them in your cassette. Replace them or mix them whenever you want - experiment with shades and play with the layout of cosmetics.

How are the MIX & MATCH shades now divided?

We have changed the division of MIX & MATCH shades according to the effect they give. We can now choose from: matte, gloss, glamour with particles and satin effect.

Why you should choose the shades to match your eye colour?

Eye shadows should perfectly match the colour of our irises. The right shades will bring out the natural beauty of your eyes and temptingly highlight them.

What colours match blue and grey eyes?

Both contrasting shades: brown, copper, beige, gold, orange, peach, coral, violet, rose, as well as harmonious shades: grey, blue, pomegranate, graphite, silver.

What colours match green eyes?

For green eyes choose contrasting shadows: violet, rose, purple, coral or harmonious: green, beige, gold, copper, brown, grey, graphite.

What colours match hazel and brown eyes?

Such irises are perfectly underlined by contrasting shades: navy blue, light blue, green, turquoise, purple, violet, rose and the following harmonious shades: brown, beige, copper, gold, orange, coral.

FEDERICO MAHORA MAKEUP

How do I use the eyebrow shaping kit?

In the first step, the eyebrows should be shaped with one of the two matte shadows, then fixed with wax, and finally the eyebrow arch should be illuminated with a light shadow, applying it just below it.

LEGENDARY FULL HD LASHES MASCARA

How does it work?

LEGENDARY FULL HD LASHES MASCARA provides a multi-dimensional, spectacular effect inspired by the look of Hollywood celebrities straight off the red carpet. Thanks to its advanced formula, it adds extreme volume to the eyelashes, seductively curls them and lengthens them as much as possible. The specially designed brush precisely separates and highlights every eyelash, even the shortest one. The mascara formula provides a velvety finish without lumps, does not fall off and does not smudge. The eyelashes are perfectly lifted and optically thickened after the first application.

What is the effect of eyelash colouring?

Thanks to the content of walnut extract and the innovative hexapeptide-1, the cosmetic gently and gradually darkens your lashes. After the longer, regular use of the mascara you will be amazed by the change in colour of your natural eyelashes!

Is the mascara only for lengthening, thickening and colouring the eyelashes?

No, our mascara not only improves the look of your eyelashes, but also their condition. It contains rice wax and copernicella leaf wax, which nourish the lashes.

What else makes this mascara stand out?

Apart from the innovative ingredients and nutritional waxes, it is exceptional because of its size - up to 13.5 ml, while the standard size of most mascaras available on the market is between 8-10 ml, and a very large brush that guarantees a multi-dimensional effect of FULL HD lashes.



FEDERICO MAHORA MAKEUP

LONG-LASTING MATTE LIQUID LIPSTICK

How does it work?

The long-lasting liquid matte lipstick provides a perfect and intense matte look that lasts up to 6 hours on the lips. The ultralight formula not only guarantees a perfect, intense matte finish, but also does not feel heavy on the lips and provides a unique feeling of comfort. It is not sticky, it does not parch the lips and it does not smudge. Thanks to precious natural ingredients such as beeswax and avocado oil, the lipstick does not dry out your lips, giving you a feeling of hydration. Thanks to a precise applicator, silky texture and a pleasant fragrance, applying your lipstick turns into a real pleasure.

What shades are available?

You can find all available shades below:



SMART & CLEAN

What has changed in the SMART & CLEAN products?

We are constantly improving our products, also from a visual point of view. The latest packaging has gained a new, minimalist form that is in line with current graphic design trends, joining the SMART & CLEAN family of specialist preparations for good. The modern design of the packaging consists of a white bottle with an embossed logo on the cap, a large, embossed logo on the front and aesthetic, colourful icons symbolizing the purpose of the product.

When will the products be available for sale in the new packaging?

Products in new packaging with new codes will be shipped as soon as the stocks of old packaging are sold out.



NUTRICODE

COLLAGEN PRO FLEX STRENGTH SYSTEM A 30-DAY SYSTEM

How does it work?

COLLAGEN PRO FLEX STRENGTH SYSTEM an innovative preparation consisting of active ingredients of the highest quality, which synergically support the condition of the joints and bones. The carefully selected composition comprehensively supports the proper functioning of joints - positively influences the state of the cartilage, work of the muscles and tendons, maintaining healthy bones. It will help you take care of your physical fitness and allow you to enjoy life to the fullest.

What does it contain?

It contains astaxanthin with anti-inflammatory effects and collagen, which is the main building material of tendons and cartilage-forming joints. In the supplement highly purified marine collagen, obtained in accordance with pharmaceutical standards, was used. Additional ingredients include: vitamin C, which helps in the proper production of collagen to ensure the proper functioning of cartilage and bones, as well as vitamin D to support the proper functioning of the muscles, which have a significant impact on joint mobility. Baikal skullcap is a strong antioxidant that effectively supports the protection of joints, tendons and muscles. Calcium is needed to maintain healthy bones, and glucosamine sulfate is an important precursor of a number of biomolecules, including chondroitin, one of the main components of articular cartilage.

Why is marine collagen so important in this supplement?

Collagen is one of the basic proteins found in the body. It is a building material of connective tissue and skin, joints, tendons or ligaments. Our body regularly rebuilds collagen fibres, but for various reasons this process may be disturbed, e.g. due to injuries or ageing. Marine collagen extracted from Atlantic salmon was used for the production of COLLAGEN PRO FLEX STRENGTH. Due to the small structure of the molecules, it is much better absorbed by the body than beef or pork collagen. As a result, it is possible to effectively stimulate chondrocytes to produce collagen in the cartilage, helping to improve joint mobility.

How does Baikal skullcap work?

This beautiful plant found in East Asia has a number of beneficial properties for the human body. In China, it is called as the „yellow gold” because of the colour of its root, which is rich in active ingredients. It is this part of the plant that is the medicinal resource. The Baikal skullcap contains, among others, lipophilic flavones, steroid saponins, glycosides and coenzyme Q10, which makes it an extremely strong antioxidant. It has a beneficial effect on the joints, reducing oxidative stress associated with collagen losses in cartilage and contributes to maintaining tendon elasticity.

How do I apply it?

Take 2 capsules per day, drink with water.



NUTRICODE

IDEAL SHAPE A 30-DAY SYSTEM

How does it work?

IDEAL SHAPE is an excellent food supplement for people who want to maintain a slim figure and are health-conscious. Thanks to the ideal composition of carefully selected ingredients, it has a positive effect on the body's condition and together with a low-calorie diet, it helps to lose weight or keep your proper body weight. Each capsule is a pro-healthy bomb of vitamins, amino acids and minerals. Thanks to highly purified collagen, it visually reduces the visibility of wrinkles, slows down skin ageing processes and improves skin hydration, making it soft and elastic. IDEAL SHAPE will take care of you perfectly and comprehensively, by supporting your health and improving your beauty.



What makes young barley such a hit?

A youthful and healthy look is mainly about beautiful skin, a slender silhouette and excellent body condition. Young barley allows you to achieve all these benefits at the same time. The high content of dietary fibre, the richness of exogenous amino acids and the presence of chlorophyll - a natural green pigment - make it one of the most effective slimming substances. Dietary fibre not only slows down the absorption of fats, but also supports peristalsis. It also helps to avoid constipation. Chlorophyll with cleansing properties regulates your system and releases toxins from the body. Glycosylvitexin contained in young barley acts against free radicals and is approximately five hundred times more effective than vitamin E, which is referred to as the 'vitamin of youth'. This strong antioxidant clearly slows down skin ageing processes. In addition, young barley is an excellent source of B group vitamins and has much more vitamin C than lemons and beta-carotene than carrots! It also contains: biotin, folic acid, calcium, iron, zinc, magnesium, antioxidants, as well as more than 20 enzymes, which are often missing in our daily diet.

Do green tea and zinc only have a slimming effect?

The presence of green tea in the innovative IDEAL SHAPE food supplement is not only intended to intensify the slimming effect of young barley by increasing the beta-oxidation of fatty acids, but also positively affects the well-being. It contributes to maintaining proper cholesterol and blood sugar levels, as well as supports the performance of the cardiovascular system. Zinc, on the other hand, helps to maintain proper carbohydrate metabolism, macro-ingredients and fatty acids. It also helps protect the cells from oxidative stress.

How do I use it?

Take 1 capsule in the morning and 1 capsule in the afternoon during a meal. Make sure you drink a glass of water each time.

NUTRICODE

EYE PROTECT GUMMIES 30 ORANGE-FLAVOUR GUMMIES FOR ADULTS

How does it work?

EYE PROTECT gummies are a perfect composition of active ingredients supporting proper vision. Lutein and zeaxanthin are the main dyes in the yellow spot, which, among others, improve visual acuity and protect the retina of the eye against blue light damage. Zinc helps maintain proper vision and also contributes to the proper maintenance of vitamin A metabolism. Vitamins E and C help to protect cells against oxidative stress, which has a positive effect on maintaining good eyesight.

Who is it intended for?

For people who want to take special care of their eyesight. Ideal for those who spend a lot of time in front of the computer screen, stay in artificial lighting, often feel discomfort associated with eye fatigue. The supplement is suitable for vegetarians.

What substances it does not contain?

The supplement does not contain pork gelatine (based on pectin) / peanuts, soy and milk / artificial dyes, flavours and preservatives / added sugar.

How do I use it?

Take one gummie a day.



NUTRICODE

PROBIOTIC GUMMIES 30 STRAWBERRY AND ORANGE-FLAVOURED GUMMIES FOR ADULTS



How does it work?

PROBIOTIC gummies are a food supplement with a modern formula, which supports the reconstruction of the body's natural intestinal microflora. It has multiple positive effects on the body, especially on the digestive system. Each gummie contains as much as 2.5 billion units of the identified strain of the *Bacillus coagulans* probiotic bacteria.

What is *Bacillus coagulans*?

Bacillus coagulans is a strain of probiotic bacteria able to move and produce lactic acid. Thanks to this, it enters the large intestine without major numerical losses, which gives it an advantage over other probiotic strains. It is exceptionally resistant to acidic gastric juices and does not undergo digestion, relieving digestive system ailments such as constipation or diarrhea.

Why is it recommended while travelling?

Changing one's environment and diet adversely affect intestinal bacterial flora. Disturbances in its balance, i.e. dysbiosis, result in digestive problems, discomfort in the gastrointestinal tract and the intolerance of consumed products. The use of PROBIOTIC GUMMIES while travelling will reduce the risk of these symptoms, and in addition, will facilitate the digestion of local foods, allowing you to fully enjoy them.

Who is it intended for?

For people who suffer from gastrointestinal disorders caused by stress, environmental and dietary changes and antibiotic therapy. The supplement is suitable for vegetarians.

What substances does it not contain?

The supplement does not contain pork gelatine (based on pectin) / peanuts, soy and milk / artificial dyes, flavours and preservatives / added sugar.

How to use it?

Take one gummie a day.

NUTRICODE

O! MEGA-3 GUMMIES 30 ORANGE-FLAVOURED GUMMIES FOR ADULTS AND CHILDREN

How does it work?

Omega-3 fatty acids are essential for the proper functioning of the body: they support the nervous system and mental fitness, contribute to maintaining proper vision, help to take care of the cardiovascular system, including the heart, regulate the cholesterol level in the blood and strengthen the body immune system.

Who is it intended for?

For people who need to supplement their diet with essential omega-3 fatty acids. Perfect for those who want to positively influence the body, by strengthening their immunity and supporting the functioning of the nervous and circulatory system.

Why is the presence of alpha-linolenic acid in the supplement so important?

Alpha-linolenic acid (ALA) is one of the essential unsaturated fatty acids (EFA) from the omega-3 group. They are essential for the proper functioning of almost all the body systems. Despite their important role, omega-3 fatty acids are not produced by our body and they must be supplied with a diet. Alpha-linolenic acid is also processed in the body into EPA and DHD acids, which are extremely valuable for your health.

What substances it does not contain?

The supplement does not contain pork gelatine (based on pectin) / peanuts, soy and milk / artificial dyes, flavours and preservatives / added sugar.

How do I use it?

Children over 4 years of age should take 1 gummie a day, adults - 2 gummies a day.



NUTRICODE

HEALTHY BONES GUMMIES 30 LEMON-FLAVOURED GUMMIES FOR ADULTS AND CHILDREN

How does it work?

HEALTHY BONES gummies are an excellent source of vitamin D. They help to maintain healthy teeth and strong bones.

Who is it intended for?

For children who are still growing intensively, they need to strengthen their teeth and bones, as well as adults who want to supplement vitamin D deficiencies in the body.

Why is vitamin D beneficial for us?

Vitamin D is essential for our health. It is responsible for proper calcium levels in the blood, strong bones and healthy teeth, effective functioning of the muscles and the immune system, improvement of the cell division process and the proper absorption of calcium and phosphorus.

What substances does it not contain?

The supplement does not contain pork gelatine (based on pectin) / peanuts, soy and milk / artificial dyes, flavours and preservatives / added sugar.

How do I use it?

Children over 4 years of age should take 1 gummie a day, adults - 3 gummies a day.



NUTRICODE

PERFECT SLIM GUMMIES 28 APPLE-FLAVOURED GUMMIES FOR ADULTS

How does it work?

Thanks to carefully selected plant extracts, the PERFECT SLIM GUMMIES will help you regain your beautiful and slender figure. Chlorogenic acid contained in green coffee extract reduces the accumulated reserves of carbohydrates and fat in the body and facilitates the intensified burning of adipose tissue. That effect is additionally reinforced by caffeine, which stimulates the metabolism. Garcinia cambogia extract, which is a source of hydroxycitric acid (HCA), slows down the production of fat in the body.

How do raspberry ketones work?

PERFECT SLIM gummies are a source of top-quality raspberry ketones, which help limit the build-up of adipose tissue and burn the one that has already accumulated. In addition, by increasing the levels of adiponectin and noradrenaline hormones, they contribute to the acceleration of the metabolism and regulation of glucose in the blood.

Who is it intended for?

For everyone who wants to get slimmer and healthier in a natural and enjoyable way.

What substances it does not contain?

The supplement contains no pork gelatine (based on pectin) / peanuts, soya and milk / artificial dyes, flavours and preservatives / added sugar.

How to use it?

Take two gummies per day.





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